



*I would be lost without  
Gateway's support.*

**everyone** has the right to lead a fulfilling life

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At **Gateway** our goal is to support vulnerable people in our **community**. Our aim is to provide a range of high quality services and activities that improves the well-being of the vulnerable people we support. To achieve this we shall seek creative and innovative solutions, develop **high quality services** and **activities** that reflect contemporary ideas which meet the needs and aspirations of the people concerned about their **well-being**, and work in partnership with agencies and people who share our vision.

We are an established support provider supporting opportunities and independence within Highland communities.

### **Our Care and Support services include:**

- Outreach Housing Support
- Outreach Care Support/Care at Home
- Supported Accommodations
- Self Direct Support
- Active Referral Scheme
- Direct Access/Crisis Accommodation/Food for Families

Referral process for all of the above services is easy – just contact us on **01463 718693**, email **[referrals@homelesstrust.org.uk](mailto:referrals@homelesstrust.org.uk)** or pop in to our offices at **57 Church Street, Inverness**.

# outreach housing support

Our **Outreach Housing Support** is aimed at preventing people from becoming homeless. This includes people who are in crisis, who are behind in paying their rent, require help with **basic living needs**, and immediate support to move forward.

**Gateway** provides immediate housing support in our community to help folk **get back on track**. All housing support is person centred and tailored to your specific needs by our **experienced key workers**.





*Gateway has enabled me to gain my independence.*

## outreach care support / care at home

Our **Outreach Care Support** provides mobile care in your home. This service is designed to enable and **support people** to stay at home, supporting and maximising independence either in the home or out in the community.

We are experienced in providing care and **support** in a variety of settings to our most vulnerable and hard to reach individuals and their families. We use our existing **experience** to offer **innovative support** packages to meet complex needs within an individually designed support package.





## supported accommodation

Gateway provides a diverse range of accommodation based support packages. We provide **warm, safe and nurturing environments**, where people can access support on a **24/7** basis. Our managed accommodations vary, providing individual self-contained flats to short term **shared accommodation**. Our supported accommodations aim to provide a stepping stone to vulnerable adults, enabling the transition to mainstream accommodation and back to a **rewarding and meaningful lifestyle**.

Our supported accommodation provided to individuals with learning disabilities **encourages** social interaction, **choice** and community involvement. This service is designed to **empower** individuals to achieve using and promoting active participation.

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*Just what I needed until  
I got back on my feet.*



# self directed support

**Gateway** support services offers you friendly support that is tailored to your individual needs and hopes.

Support packages are designed to provide **support** of your choice, whether it is learning a new skill, becoming more **involved** in the community, a shopping trip, bird watching, or an evening at the theatre.

**Structured support** packages can also be provided where we would be providing **assistance** with attending appointments, healthy eating choices, sign posting, or whatever you need assistance with.



## good health – active referral scheme

**Gateway's Good Health – Active Referral Scheme** is provided as a complimentary service to our clients. A healthy lifestyle with regular exercise is encouraged. Regularly scheduled activity classes encompasses a person's sense of **positive feeling**, we also offer access to **outdoor activities**, such as walking and fishing trips, whilst our get-fit and circuit training provides a structured approach to fitness, confidence and self-esteem building. Our **Good Health – Active Referral Scheme** also promotes social inclusion and fun.

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*Thanks to Gateway, I am now getting out more and keeping fit.*



# crisis accommodation

During the Winter months, we provide a **Direct Access Service** which operates from November to March each year. This service is suitable for individuals with a range of **level of needs**, and provides **emergency accommodation** for one or two nights for those who may find themselves with nowhere to stay, whether this is due to personal circumstances or not having an entitlement to local authority accommodation. **Gateway** will work with the individual in crisis and signpost them to the appropriate services.

# emergency food

When in crisis, **Gateway** will provide **access to food** throughout the year.

During December and January each year, **Gateway** provides cooked meals to families who are in need. The **meals are provided** through Community Centres, Schools, Social Work, and direct requests to **Gateway**.





**Gateway HHT** is a local registered **charity**, governed by a Board of Directors who have a wealth of experience in providing our **personalised services**. Our Board meet quarterly to review the work of the organisation. The Board is **supported** by the General Manager and the Senior Management Team.

The organisation has been providing **innovative services** to vulnerable folk in the Highlands since 2001, developing from a small winter service provision to a professional and **well respected service** provider. We have an **experienced team** of 35 Support Staff, enabling and empowering people to lead a **fulfilling** life and regain their independence through support packages built around our clients personal needs, choices, and **aspirations**.

Our support staff and management team are all **professionally trained** and have gained the necessary **certificates** to meet the Scottish Social Services Council registration requirements.

**Gateway** is an operational name of Highland Homeless Trust, Registered Office 57 Church Street, Inverness IV1 1DR. Registered Charity No: SC028837, Company No: 252664. Tel No: 01463 718693

**Donations** towards the work of **Gateway** can be made directly to our offices at **57 Church Street, Inverness** or **online**.



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